

# Starters

Served with salad and mint sauce

## Mix Platter

For 2 £7.95 // For 4 £14.95

Tandoori Chicken (Off the bone), Onion Bhajee, Sheek Kebab, Mutton Chops

## House Special Starters

Grilled Lamb Stir Fry	£3.95	Korahi Kebab	£3.95
Lamb fillet marinated with selected spices, dry red chillies and light herbs then stir fried with onion, mushroom and light spices.		Chopped sheek kebab, diced onion and peppers, served in a relish sauce.	
Navran Chicken	£3.95	Salmon Tikka	£3.95
Diced chicken sautéed with curry leaves and spring onion infused in liquid seasoning.		Salmon marinated in tikka spices and barbecued.	
Chicken Chilli	£3.95	Fish Pakora	£3.50
Chicken stir fried with spring onion, peppers and in a tantalising sweet chilli sauce.		Tasty fish covered in crispy coating of herbs.	
Paneer Chilli	£3.50	Maas Biran (Fish)	£3.95
Indian cheese stir fried with spring onion, peppers and in tantalising sweet chilli sauce.		Boneless fillet of fish lightly spiced, pan grilled, served with light spiced mashed potato.	
		Paneer Roll	£2.95
		Paneer chopped and rolled in a crispy pastry.	

## Traditional Starters

Onion Bhajee	£2.95	Meat Samosa	£2.95
Vegetable Samosa	£2.95	Stuffed Pepper	£3.25
Aloo Chatt	£2.95	(Minced meat / chicken / vegetable)	
Garlic Mushroom Puri	£3.25	Tandoori Chops (Mutton)	£3.25
Chicken Tikka	£3.50	Tandoori Wings (Skin on)	£3.25
Lamb Tikka	£3.95		
Tandoori Chicken	£3.50		
Tandoori Mix Kebab	£3.95		
Sheek Kebab	£3.25		
Shami Kebab	£3.25		
Nargis Kebab	£3.50		
Chicken Pakora	£3.50		
Chicken Chatt Puri (Sweet and sour)	£3.95		
Shashlik (Chicken or lamb)	£3.95		

## Seafood

Prawn Puri	£3.50
King Prawn Puri	£4.25
Tandoori King Prawn	£3.95
King Prawn Butterfly	£3.95
Garlic Prawn	£3.25
Prawn Cocktail	£3.25
Fish Roll	£3.25

## Tandoori Main Dishes

(Low Calorie) Selected meats marinated in its individual spices cooked in a clay oven served with salad and mint sauce.

Tandoori Mix Grill	£8.95	Sheek Kebab	£6.95
Tandoori chicken, sheek kebab, chicken tikka, lamb tikka, tandoori king prawn, served with nan bread.		Shashlik (Chicken or Lamb)	£7.95
Chicken Tikka	£6.95	Cocktail Shashlik	£7.95
Lamb Tikka	£7.95	Chicken, lamb with paneer and mushroom	
Tandoori Chicken (2 Pieces)	£6.95	Salmon Tikka	£7.95
		Tandoori King Prawn	£8.50



# House Special

**Achari** (Chicken/Lamb) £7.95  
Cooked with a citrus fruity flavour, slightly hot.

**North Bengal Special** (Chicken/Lamb)

£7.95  
Cooked in a medium strength sauce, garnished in red onion pepper salad with a hint of mustard.

**Roshuni Chilli** (Chicken/Lamb) £7.95  
With fresh garlic and green chillies cooked bhoona style.

**Tandoori Chicken Chana Palak** £7.95

Tandoori chicken, spinach and chicken peas cooked in a medium strength sauce with peppers and onion.

**Chicken Tikka Chasni** £7.95

A typical dish from Calcutta, marinated chicken cooked with almonds, yoghurt, and mango chutney. Mild but not short of flavour.

**Modhu Minty Lamb** £7.95

Steamed chunks of lean lamb infused with honey, sweet mango, baby new potatoes, and green fresh mint, slowly cooked in a medium spicy sauce.

**Chilli Methi** (Chicken/Lamb) £7.95

Cooked with fenugreek leaves and fresh green chillies.

**Anarkali** £7.95

A medium prepared dish cooked with tandoori chicken, mince meat and spinach.

**Naga** (Chicken/Lamb) £7.95

Cooked in a specially prepared chilli paste, hot dish.

**Tandoori Jalpuri** (Chicken/Lamb) £7.95

Chicken or lamb cooked in a special sauce garnished with spicy mushrooms and peppers

## Massala (Mild & Sweet)

**Chicken Tikka Massala** £7.25

**Lamb Tikka Massala** £7.95

**Tandoori Special Massala** £8.95

**Tandoori King Prawn Massala** £8.95

**Salmon Tikka Massala** £8.95

**Vegetable Massala** £5.95

## Tandoori Specialities

**Tandoori Mix Shashlik Bhoona** £8.95

**Tandoori Chicken Curry** Medium & spicy

£7.25

**Chicken Pasanda** Mild £7.25

**Tandoori Murghi Massala** £7.95

Cooked with mince meat & boiled egg

**Chicken Tikka Chat Massala** £7.25

**Chicken Tikka Curry** Mild £7.25

**Butter Chicken** Mild £7.25

**Garlic Chilli Chicken Massala** £7.95

Cooked with mince meat & green chillies

## Combination Dishes

1	Chicken Tikka Massala Lamb Bhoona	£7.95
2	Chicken Tikka Jalfrezi Chicken Korma	£7.95
3	Prawn Sagwala Chicken Dupiaza	£7.95

4	King Prawn Bhoona Chicken Rogan	£8.95
5	Meat Dansak Chicken Tikka Balti	£7.95
6	Sag Aloo Balti Vegetable Pathia	£7.95

# Spice Lounge Signature Dishes

- |   |       |   |       |
|---|-------|---|-------|
| Mutton Chops Tawa   | £7.95 | Shahi Murgh   | £9.95 |
| Grilled mutton chops cooked in a rich spicy sauce.  |       | Full breast of chicken tikka with a mince meat filling and cooked in a aromatic bhoona sauce served with Pilau rice.  |       |
| Tandoori Tawa   | £8.95 | Murgh Nawabi  | £9.95 |
| Marinated chicken, lamb and king prawn cooked with chefs own sauce.   |       | Whole breast of chicken tikka with a garlic mushroom filling cooked in a aromatic bhoona sauce served with Pilau rice.                                      |       |
| Murgh Tawa  | £7.95 | Tarka Chicken   | £8.95 |
| Succulent marinated chicken fillets in a aromatic spicy sauce, garnished with melted cheese.  |       | Thinly sliced chicken tikka fried with baby sweetcorn, peppers, carrots and spring onion lightly infused with a creamy garlic sauce served with pilau rice. |       |
| Jalpati   | £7.95 | Moza Mix  | £8.95 |
| Fresh spring chicken and lean lamb tikka pieces cooked in a combination of spicy jalfrezi and pathia sauce along with a good handful of green chillies and red peppers. |       | Marinated chicken, lamb & king prawn cooked with meat balls, boiled egg in a rich, spicy sauce with diced onion and peppers.                                |       |

## Seafood

### Customer Notice:

Please be aware that some fish dishes may contain bones.

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|--|-------|---|-------|
| Grami Seabass  | £9.95 | Pangash Bhoona  | £8.95 |
| Prepared with green beans and baby potatoes in aromatic sauce served with Pilau rice.  |       | Fish cooked with spring onions, in a savoury tomato sauce, served with Pilau rice.                      |       |
| King Prawn Chilli  | £9.95 | Seafood Biryani   | £9.95 |
| Cooked in spicy tomato sauce, fresh green chilli and baby potatoes.  |       | Pangash chunks and prawns cooked with herbs, spices, diced onions and peppers. Served with spicy sauce. |       |
| Salmon Shazan  | £9.95 |   |       |
| Salmon tikka, glazed with pure honey and roasted sesame seed and crushed pepper corn, served in a specially prepared salad in olive oil, served with Pilau rice. |       |   |       |

## Vegetable

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|--|-------|---|-------|
| Aloo Chana Palak   | £6.50 | Sag Aloo Jalfrezi   | £6.50 |
| Potato, spinach and chick peas cooked in medium strength sauce with peppers and onions.    |       | Spinach and potato cooked with green chillies slightly hot. sauce.              |       |
| Roshuni Shabji Methi   | £6.50 | Paneer Tikka Sizzler  | £6.50 |
| Mix vegetables cooked with fenugreek leaves, fresh green chillies in a slightly hot sauce. |       | Cottage cheese, aubergine, cauliflower prepared in a aromatic spicy rich sauce. |       |
| Roshuni Chilli Shabji  | £6.50 |   |       |
| Mixed vegetables cooked with garlic and green chillies. Slightly hot                       |       |   |       |



# Traditional Favourites

	Chicken or Beef or Prawn	Tandoori Chicken or Chicken Tikka	Lamb or Lamb Tikka	King Prawn	Vegetable
Curry <i>Medium</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Madras <i>Hot</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Dupiaza <i>Medium</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Rogan Josh <i>Medium</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Dhansak <i>Sweet &amp; Sour</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Bhoona <i>Medium</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Pathia <i>Sweet &amp; Sour</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Sagwala <i>Medium</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Jalfrezi <i>Hot</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Korma <i>Mild</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Balti <i>Medium</i>	£6.25	£7.25	£7.95	£7.95	£5.75
Korahi <i>Medium</i>	£6.25	£7.25	£7.95	£7.95	£5.75

Any additional vegetables extra 50p per item

## Biryani Dishes

Tandoori Special Biryani	£8.95	Tandoori Chicken Biryani	£7.95
Special Biryani	£8.50	Tandoori King prawn Biryani	£8.95
Chicken/Beef/Prawn Biryani	£7.25	King Prawn Biryani	£8.95
Garlic Chicken Tikka Chilli Biryani	£7.95	Malaya Chicken Biryani	£7.95
Chicken Tikka Biryani	£7.95	Persian Chicken Biryani	£7.95
Lamb Tikka Biryani	£7.95	Vegetable Biryani	£6.95

## Vegetable Dishes

	Side	Main		Side	Main
Matar Paneer	£2.95	£5.75	Bhindi Bhajee	£2.95	£5.75
Sag Paneer	£2.95	£5.75	Sag Bhajee	£2.95	£5.75
Sag Aloo	£2.95	£5.75	Veg Bhajee	£2.95	£5.75
Bombay Aloo	£2.95	£5.75	Brinjal Bhajee	£2.95	£5.75
Aloo Gobi	£2.95	£5.75	Egg Bhoona	£2.95	£5.75
Mushroom Bhajee	£2.95	£5.75	Tarka Dhall	£2.95	£5.75
Chana Bhajee	£2.95	£5.75	Curry Sauce	£2.50	

## English Dishes

Served with Salad

Chicken Nuggets & Chips	£6.50	Omelette & Chips	£6.50
Scampi & Chips	£6.50	Chicken, prawn, mushroom or cheese	
Fried Chicken & Chips	£6.50	Salad Chicken or prawn	£6.50

## Rice

Boiled Rice	£2.10	Lemon Chilli Fried Rice	£2.50
Pilau Rice	£2.25	Special Pilau Rice	£2.50
Fried Rice	£2.25	Veg Pilau Rice	£2.50
Garlic Fried Rice	£2.50	Chicken Fried Rice	£2.95
Mushroom Pilau Rice	£2.50	Arabian Pilau Rice	£2.50
Keema Pilau Rice	£2.50	Jeera Pilau Rice	£2.50
Egg Fried Rice	£2.50	Spice Lounge Special	£2.95

## Breads

Plain Nan	£2.10	Cheese & Onion Nan	£2.50
Keema Nan	£2.25	Chilli Nan	£2.50
Keema Garlic Nan	£2.50	Mushroom Nan	£2.25
Keema Cheese Nan	£2.75	Peshwari Nan	£2.25
Tikka Nan	£2.75	Kulcha Nan	£2.25
Garlic Nan	£2.25	Chapati	£1.10
Garlic Cheese Nan	£2.50	Paratha	£1.95
Garlic Tomato Nan	£2.50	Vegetable Paratha	£2.25
Garlic Coriander Nan	£2.50	Cheese Paratha	£2.25
Cheese Nan	£2.25	Tandoori Roti	£1.75
Sesame & Honey Nan	£2.50		

## Extras

Popadom	£0.50	Chutney Tray	£1.50
Spiced Popadom	£0.60	Imli Sauce	£0.50
Chips	£1.60	Raitha (Onion/Cucumber)	£1.95
Green Salad	£2.50		

## Drinks

Coke, Diet Coke, Lemonade	£1.25	Bitter Lemon	£1.25
J20	£1.75	Appletiser	£1.50
Orange & Passion Fruit, Apple & Mango or Apple and Raspberry		Still Water	Large £2.95 Small £1.50
Orange Juice, Pineapple Juice	£1.25	Sparkling Water	Large £2.95 Small £1.50
Mango, Guava or Lychee Juice	£1.25	Soda Water	£1.25
Britvic 55	£1.25	Tonic Water	£1.25