

Spice Lounge

Bangladeshi & South Asian Cuisine



Welcome to
The Spice Lounge

Introducing to you the finest Indian & Bengali Cuisine bringing together contemporary & traditional dishes provided in our exquisite surroundings.

Here at the Spice Lounge we only use the finest quality ingredients.

The quality of the food & service will surpass all expectations.

We hope you have an unforgettable time here at The Spice Lounge, where we aim to make your visit a pleasurable dining experience with a difference.

Please relax & enjoy your meal.

1 Main Course Per Person

Allergy Advice

Some of our dishes may contain nuts or dairy products.

Please inform a member of staff if you have a selective diet.

Evening Special

Every Sunday & Wednesday

(Excludes special occasions and holiday periods)

Popadoms with Relishes

Starters - Choice of 1

Onion Bhajee
Veg Samosa
Aloo Chat
Prawn Cocktail

Sheek Kebab
Chicken Tikka
Garlic Prawn
Garlic Mushrooms

Chicken Pakora
Chicken Chatt
Meat Somosa
Paneer Chilli

Main Courses - Choice of 1

Chicken Tikka Massala
Chicken Dupiaza
Prawn Pathia
Chicken Tikka Balti

Beef Bhoona
Chicken Jalfrezi
Prawn Sagwala
Chicken Korma

Sag Aloo Balti
Beef Balti
Vegetable Rogan
Beef Madras

Rice & Nan's - Choice of 1

Bolled Rice
Pilau Rice
Fried Rice

Plain Nan
Keema Nan
Garlic & Coriander Nan

Garlic Nan
Tandoori Roti
Peshwari Nan

£9.95
per person

Starters

Served with salad and mint sauce

Mix Platter

For 2 £7.95 // For 4 £14.95

Tandoori Chicken (Off the bone), Tandoori Wings, Sheek Kebab & Mutton Chops

House Special Starters

Grilled Lamb Stir Fry	£4.25	Korahi Kebab	£3.95
Lamb fillet marinated with selected spices, dry red chillies and light herbs then stir fried with onion, mushroom and light spices.		Chopped sheek kebab, diced onion and peppers, served in a relish sauce.	
Navran Chicken	£3.95	Salmon Tikka	£4.25
Diced chicken sautéed with mint and spring onion infused in liquid seasoning.		Salmon marinated in tikka spices and barbecued.	
Chicken Chilli	£3.95	Fish Pakora	£3.50
Chicken stir fried with spring onion, peppers and in a tantalising sweet chilli sauce.		Tasty fish covered in crispy coating of herbs.	
Paneer Chilli	£3.50	Maas Biran (Fish)	£3.95
Indian cheese stir fried with spring onion, peppers and in tantalising sweet chilli sauce.		Boneless fillet of fish lightly spiced, pan grilled.	
		Paneer Roll	£2.95
		Paneer chopped and rolled in a crispy pastry.	

Traditional Starters

Onion Bhajee	£2.95	Meat Samosa	£2.95
Vegetable Samosa	£2.95	Stuffed Pepper	£3.50
Aloo Chhatt	£2.95	(Minced meat / chicken / vegetable)	
Garlic Mushroom Puri	£3.25	Mutton Chops	£3.50
Chicken Tikka	£3.50	Tandoori Wings	£3.25
Lamb Tikka	£3.95		
Tandoori Chicken	£3.50		
Tandoori Mix Kebab	£3.95		
Sheek Kebab	£3.25		
Shami Kebab	£3.25		
Nargis Kebab	£3.50		
Chicken Pakora	£3.50		
Chicken Chhatt Puri	£3.95		
(Sweet and sour)			
Shashlik (Chicken or lamb)	£3.95		

Seafood

Prawn Puri	£3.50
King Prawn Puri	£4.50
Tandoori King Prawn	£4.25
King Prawn Butterfly	£3.95
Garlic Prawn	£3.25
Prawn Cocktail	£3.25

Tandoori Main Dishes

(Low Calorie) Selected meats marinated in its individual spices cooked in a clay oven served with salad and mint sauce.

Tandoori Mix Grill	£8.95	Sheek Kebab	£6.95
Tandoori chicken, sheek kebab, chicken tikka, lamb tikka, tandoori king prawn, served with nan bread.		Shashlik (Chicken or Lamb)	£8.95
Chicken Tikka	£7.95	Cocktail Shashlik	£8.95
Lamb Tikka	£8.95	Chicken, lamb with paneer and mushroom	
Tandoori Chicken (2 Pieces)	£7.95	Salmon Tikka	£8.95
		Tandoori King Prawn	£8.50

House Special

Achari (Chicken/Lamb) £7.95

Cooked with a citrus fruity flavour, slightly hot.

North Bengal Special £7.95

(Chicken/Lamb) Cooked in a medium strength sauce, garnished in red onion pepper salad with a hint of mustard.

Roshuni Chilli (Chicken/Lamb) £7.95

With fresh garlic and green chillies cooked bhoona style.

Tandoori Chicken Chana Palak £7.95

Tandoori chicken, spinach and chick peas cooked in a medium strength sauce with peppers and onion.

Chicken Tikka Chasni £7.95

A typical dish from Calcutta, marinated chicken cooked with mix nuts, yoghurt, and mango chutney. Mild but not short of flavour.

Modhu Minty Lamb £7.95

Steamed chunks of lean lamb infused with honey, sweet mango, baby new potatoes, and green fresh mint, slowly cooked in a medium spicy sauce.

Chilli Methi (Chicken/Lamb) £7.95

Cooked with fenugreek leaves and fresh green chillies.

Anarkali £7.95

A medium prepared dish cooked with tandoori chicken, mince meat and spinach.

Naga (Chicken/Lamb) £7.95

Cooked in a specially prepared chilli paste, hot dish.

Tandoori Jaipuri (Chicken/Lamb) £7.95

Chicken or lamb cooked in a special sauce garnished with spicy mushrooms and peppers

Massala (Mild & Sweet)

Chicken Tikka Massala £7.75

Lamb Tikka Massala £8.95

Tandoori Special Massala £8.95

Tandoori King Prawn Massala £8.95

Salmon Tikka Massala £8.95

Vegetable Massala £6.95

Tandoori Specialities

Tandoori Mix Shashlik Bhoona £8.95

Tandoori Chicken Curry £7.75

Medium & spicy

Chicken Pasanda Mild £7.75

Tandoori Murghi Massala £7.95

Cooked with mince meat & boiled egg

Chicken Tikka Chat Massala £7.75

Chicken Tikka Curry Mild £7.75

Butter Chicken Mild £7.75

Garlic Chilli Chicken Massala £7.95

Cooked with mince meat & green chillies

Combination Dishes

1	Chicken Tikka Massala Lamb Bhoona	£8.25
2	Chicken Tikka Jalfrezi Chicken Korma	£8.25
3	Prawn Sagwala Chicken Duplaza	£8.25

4	King Prawn Bhoona Chicken Rogan	£8.95
5	Beef Dansak Chicken Tikka Balti	£8.25
6	Sag Aloo Balti Vegetable Pathia	£7.95

Spice Lounge Signature Dishes

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| Mutton Chops Tawa £7.95
Grilled mutton chops cooked in a rich spicy sauce. | Shahi Murgh £9.95
Full breast of chicken tikka with a mince meat filling and cooked in a aromatic bhoona sauce served with Pilau rice. |
| Tandoori Tawa £8.95
Marinated chicken, lamb and king prawn cooked with chefs own sauce. | Murgh Nawabi £9.95
Whole breast of chicken tikka with a garlic mushroom filling cooked in a aromatic bhoona sauce served with Pilau rice. |
| Murgh Tawa £7.95
Succulent marinated chicken fillets in a aromatic spicy sauce, garnished with melted cheese. | Tarka Chicken (Stir fry) £8.95
Thinly sliced chicken tikka fried with baby sweetcorn, peppers, carrots and spring onion lightly infused with a creamy garlic sauce served with pilau rice. |
| Jalpati £7.95
Fresh spring chicken and lean lamb tikka pieces cooked in a combination of spicy jalfrezi and pathia sauce along with chillies and red peppers. | Moza Mix £8.95
Marinated chicken, lamb & king prawn cooked with meat balls, boiled egg in a rich, hot & spicy sauce with onion and peppers. |

Seafood

Customer Notice:

Please be aware that some fish dishes may contain bones.

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| Grami Seabass £9.95
Prepared with green beans and baby potatoes in aromatic sauce served with Pilau rice. | Pangash Bhoona £8.95
Fish cooked with spring onions, in a savoury tomato sauce, served with Pilau rice. |
| King Prawn Chilli £9.95
Cooked in spicy tomato sauce, fresh green chilli and baby potatoes. | Seafood Biryani £9.95
Pangash chunks and prawns cooked with herbs, spices, diced onions and peppers. Served with spicy sauce. |
| Salmon Shazan £9.95
Salmon tikka, glazed with pure honey and roasted sesame seed and crushed pepper corn, served in a specially prepared salad in olive oil, served with Pilau rice. | Pangash Jaipuri £8.95
Pangash chunks cooked in a special sauce garnished with mushroom, onions & peppers. |

Vegetable

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|---|--|
| Aloo Chana Palak £6.95
Potato, spinach and chick peas cooked in medium strength sauce with peppers and onions. | Sag Aloo Jalfrezi £6.95
Spinach and potato cooked with green chillies. |
| Roshuni Shabji Methi £6.95
Mix vegetables cooked with fenugreek leaves, fresh green chillies in a slightly hot sauce. | Paneer Tikka Sizzler £6.95
Cottage cheese, aubergine, cauliflower prepared in a aromatic spicy rich sauce. |
| Roshuni Chilli Shabji £6.95
Mixed vegetables cooked with garlic and green chillies. Slightly hot | Achari Paneer Tikka £6.95
Cooked with a citrus fruity flavour, slightly hot. |

Traditional Favourites

	Chicken or Beef or Prawn	Tandoori Chicken or Chicken Tikka	Lamb or Lamb Tikka	King Prawn	Vegetable
Curry Medium	£6.75	£7.45	£8.95	£8.95	£6.25
Madras Hot	£6.95	£7.95	£8.95	£8.95	£6.25
Dupiaza Medium	£6.95	£7.95	£8.95	£8.95	£6.25
Rogan Josh Medium	£6.95	£7.95	£8.95	£8.95	£6.25
Dhansak Sweet & Sour	£6.95	£7.95	£8.95	£8.95	£6.25
Bhoona Medium	£6.95	£7.95	£8.95	£8.95	£6.25
Pathia Sweet & Sour	£6.95	£7.95	£8.95	£8.95	£6.25
Sagwala Medium	£6.95	£7.95	£8.95	£8.95	£6.25
Jalfrezi Hot	£6.95	£7.95	£8.95	£8.95	£6.25
Korma Mild	£6.95	£7.95	£8.95	£8.95	£6.25
Balti Medium	£6.95	£7.95	£8.95	£8.95	£6.25
Korahi Medium	£6.95	£7.95	£8.95	£8.95	£6.25

Any additional vegetables extra 50p per item

Biryani Dishes

Tandoori Special Biryani	£8.95	Tandoori Chicken Biryani	£7.95
Special Biryani	£8.50	Tandoori King prawn Biryani	£9.95
Chicken/Beef/Prawn Biryani	£7.95	King Prawn Biryani	£8.95
Garlic Chicken Tikka Chilli Biryani	£7.95	Malaya Chicken Biryani	£7.95
Chicken Tikka Biryani	£7.95	Persian Chicken Biryani	£7.95
Lamb Tikka Biryani	£8.95	Vegetable Biryani	£6.95

Vegetable Dishes

	Side	Main		Side	Main
Matar Paneer	£3.25	£6.25	Bhindi Bhajee	£3.25	£6.25
Sag Paneer	£3.25	£6.25	Sag Bhajee	£3.25	£6.25
Sag Aloo	£3.25	£6.25	Veg Bhajee	£3.25	£6.25
Bombay Aloo	£3.25	£6.25	Brinjal Bhajee	£3.25	£6.25
Aloo Gobi	£3.25	£6.25	Egg Bhoona	£3.25	£6.25
Mushroom Bhajee	£3.25	£6.25	Tarka Dhall	£3.25	£6.25
Chana Bhajee	£3.25	£6.25	Curry Sauce	£2.75	£3.95

English Dishes

Served with Salad

Chicken Nuggets & Chips	£6.95	Fish & Chips (Cod in batter)	£6.95
Scampi & Chips	£6.95	Omelette & Chips	£6.95
Fried Chicken & Chips	£6.95	Chicken, prawn, mushroom or cheese	

Rice

Boiled Rice (Basmati)	£2.25	Special Pilau Rice	£2.50
Pilau Rice	£2.25	Garlic Fried Rice	£2.50
Fried Rice	£2.25	Egg Fried Rice	£2.50
Chicken Fried Rice	£2.95	Lemon Chilli Fried Rice	£2.50
Chicken Tikka Rice	£2.95	Mushroom Pilau Rice	£2.50
Keema Pilau Rice	£2.95	Veg Pilau Rice	£2.50
Spice Lounge Special Rice	£2.95	Arabian Pilau Rice	£2.50

Breads

Plain Nan	£2.10	Cheese & Onion Nan	£2.75
Keema Nan	£2.50	Chilli Nan	£2.50
Keema Garlic Nan	£2.75	Mushroom Nan	£2.50
Keema Cheese Nan	£2.75	Peshwari Nan	£2.50
Tikka Nan	£2.75	Kulcha Nan	£2.50
Garlic Nan	£2.50	Chapati	£1.10
Garlic Cheese Nan	£2.75	Paratha	£2.25
Garlic Tomato Nan	£2.50	Vegetable Paratha	£2.50
Garlic Coriander Nan	£2.50	Cheese Paratha	£2.50
Cheese Nan	£2.50	Tandoori Roti	£1.75
Sesame & Honey Nan	£2.50		

Extras

Popadom	£0.50	Chutney Tray	£1.50
Spiced Popadom	£0.60	Imli Sauce	£0.50
Chips	£1.75	Raitha (Onion/Cucumber)	£2.25
Green Salad	£2.50		

Drinks

Coke, Diet Coke, Lemonade	£1.50	Lilt	£1.50
J20	£1.95	Bitter Lemon	£1.25
Orange & Passion Fruit, Apple & Mango or Apple and Raspberry		Appletiser	£1.50
Orange Juice, Pineapple Juice	£1.25	Still Water	Large £2.95 Small £1.50
Mango, Guava or Lychee Juice	£1.25	Water (Sparkling)	Large £2.95 Small £1.50
Fanta (orange)	£1.50	Soda Water	£1.25
		Tonic Water	£1.25

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Prawn Pathia
Chicken Tikka Balti

Beef Bhoona
Chicken Jalfrezi
Prawn Sagwala
Chicken Korma

Sag Aloo Balti
Beef Balti
Vegetable Rogan
Beef Madras

Rice & Nan's - Choice of 1

Boiled Rice
Pilau Rice
Fried Rice

Plain Nan
Keema Nan
Garlic & Coriander Nan

Garlic Nan
Tandoori Roti
Peshwari Nan

£9.95
per person